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Senior Advocates
for Generational Equity

The SAGE Legacy Fellowship Curriculum for 2021 Program

For the Love of Learning: Help Students Recover, Rebuild and Thrive

The SAGE Legacy Fellowship includes twelve sessions over a nine-month period. Each session combines self-reflection, connection with a community of peers, learning, and planning for action. Session # 1 is a 1-hour orientation and Session # 12 is a public celebration for fellows. Taken together, the sessions total 24 hours of your time and include some pre-work to take advantage of the content presented. Sessions are scheduled based on the group's availability.

The 2021 fellowship offers an opportunity to explore, from a variety of perspectives, this focus question: ***How can we help students recover from a tough year at school?***

The arc of the 2021 program is inspired by design thinking. Here is a summary of our approach.

- **Phase 1.** We begin by focusing on the above question that reflects a community challenge, an opportunity, and an area of need. Together, we will learn more about the question by learning about ourselves and our personal experience with the challenge, and by developing empathy for the people who experience this challenge. Through this process, we will generate ideas for community benefit projects that relate to this question, including projects that may be of interest to students, teachers, schools, districts, and nonprofit and governmental organizations. At the end of Phase 1, you decide whether to continue into Phase 2 of the program and to lead your own community benefit project.
- **Phase 2.** Fellows who continue in the program will further develop and launch their own community benefit projects. Together, we support each other and work with our coaches, partners, and advisors to make progress and achieve a major milestone by the end of the program. After graduation, fellows remain connected through SAGE's Alumni Network.

Sessions are all virtual (via Zoom) and open to any adult in the United States. Most of SAGE's program Advisors and Partners are based in Oregon, and Fellows are encouraged to develop projects that benefit Oregonians or that are relevant nationwide.

Read on to learn about each session. Learn more about the program at [Learn.WeAreSage.org](https://www.learnwearesage.org).

Phase 1 (Sessions # 1 to 5)

Session # 1 (Week of May 3 to 7) – *Welcome to the SAGE Legacy Fellowship. (1 hour)*

SAGE welcomes you to the fellowship, reviews fellowship agreements, and provides a fun and engaging way for fellows to meet each other. Fellows have an opportunity to ask questions prior to the upcoming program launch and to get ready.

Session # 2 (Week of May 10 to 14) – *Getting started with human centered design. (3 hours)*

We introduce a simple approach to problem-solving called Human Centered Design and then illustrate the approach with a hands-on activity where you innovate your own solution to a community problem. Together, we also learn how to frame a public problem so that people can act on it, and how to organize our efforts to identify and learn from the people most affected. We conclude this session with guidance and recommendations for fellows to perform their own empathy interviews to better understand our call to action.

Session # 3 (Week of May 24 to 28) – *Generating big ideas for the love of learning. (2 hours)*

Share what you have learned from your interviews and gain tips on how to organize the information you collected to further define the problem(s) you want to address. Get creative by brainstorming with others possible solutions to the issues you care about.

Session #4 (Week of Jun 7 to 11) – *Making ideas better and building interest. (2 hours)*

Work with your peers and use evaluation tools to vet and decide which ideas move to the next phase of the program based on stakeholder feedback. Develop a prototype of your selected idea and build your plan to "test" your idea (and the assumptions behind your idea) by getting feedback and input from other people.

Session # 5 (Week of June 21 to 25) – *Creating your pitch. (2 hours)*

Create a pitch of your project idea and an implementation canvas to present out to the group of fellows. Gain more feedback on your idea and decide on the next step.

Some Fellows may decide to volunteer on an existing project that is managed by someone else. Other Fellows may decide to continue into Phase 2 of the program and to lead their own self-directed project. All Fellows will be encouraged and supported to develop projects in support of schools, districts, and nonprofit or government groups.

Phase 2 (Sessions # 6 to 12)

Session # 6 (July) – *Launch your project in community and with possibility. (3 hours)*

SAGE welcomes you to Phase 2 of the program and invites you to further develop your project with our community of peers, coaches, advisors, and partners. Reflect on what you learned since the start of the program and identify new capabilities you want to develop when leading your project. Share your toughest personal growth challenge and practices to

overcome these challenges. We conclude this session with guidance on how to hold on to your curiosity and to practice generative listening as you develop your project.

Session 7 (August) – *The heart and wisdom within you. (2 hours)*

Reflect on your history and experiences to create or affirm your Highest Goal (Purpose Statement) and to clarify how your project leverages your strengths and reflects your personal purpose. Learn a powerful self-coaching practice called Transformational Problem Solving to overcome obstacles and lead with heart. Conclude with an exercise to help you experience greater well-being and personal vitality while leading your project.

Session 8 (September) – *Turning breakdowns into breakthroughs. (2 hours)*

Share the challenges you experience as a leader and where you would value more support. Practice turning breakdowns into breakthroughs. Gain tips on how to remain nimble while still making important project decisions in uncertain times.

Session 9 (October) – *Self motivation and building your capacity. (2 hours)*

Clarify and affirm the practices that strengthen your confidence and motivate you to lead your project. Learn a framework to help you identify and engage others in your project by building trust and good workflow agreements. Declare next steps to advance your project.

Session 10 (November) – *Hold your vision and move others to action. (2 hours)*

Reflect on the possibilities that have emerged as a result of you and your project. Focus on your near-term actions to achieve a major project milestone or renegotiate what's possible. Share strategies to influence others involved in your project by aligning interests, building trust and resiliency, and shared accountability.

Session 11 (December) – *Lifelong leadership and encouraging others to lead. (2 hours)*

Share your project successes and lessons learned that will continue to guide you to lead your project and to influence others. Reaffirm strategies to promote your own personal well-being and vitality so you can remain energized to give forward throughout your life. Stay connected through SAGE's Alumni Network.

Session 12 (January) – *Graduation and celebration. (1.5 hours)*

Celebrate your project successes with our community of peers, partners, friends, family and other volunteers. Generate energy and momentum for your important work and make declarations for the future.